

# ACES & ADDICTION RATES











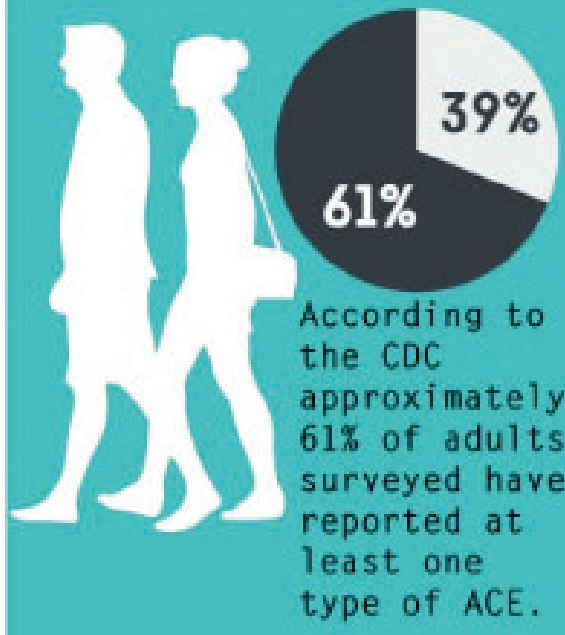
One of the biggest elements that can lead to an addiction is a person's adverse childhood experiences score:



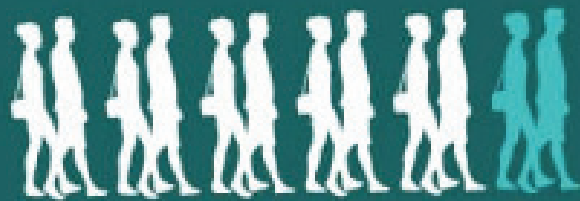
## ACES

These are traumatic experiences that have occurred during a person's childhood (0-17 years)<sup>1</sup>

-  PARENTAL DOMESTIC VIOLENCE
-  HOUSEHOLD DYSFUNCTION
-  PHYSICAL ABUSE
-  EMOTIONAL ABUSE
-  SEXUAL ABUSE
-  NEGLECT
-  PARENTAL SEPARATION OR DIVORCE
-  LOSS OF A PARENT (VIA DEATH, DEPORTATION, OR INCARCERATION)



Nearly one in six individuals also reported experiencing four or more types of ACEs.



ACE CAN LEAD TO:



DEPRESSION



SUBSTANCE ABUSE



CHRONIC DISEASE



SEXUALLY TRANSMITTED INFECTIONS



TOXIC STRESS<sup>2</sup>



SUICIDE

# ACES TRENDS

ACES tallies a person's difficult childhood.  
THE HIGHER ONE'S SCORE, THE HIGHER THE RISK FOR NEGATIVE HEALTH  
OUTCOMES LATER IN LIFE.

The scoring system ranges from 0 to 8, there are 3 Categories

- ABUSE - PHYSICAL, PSYCHOLOGICAL AND/OR SEXUAL
- NEGLECT - EMOTIONAL AND/OR PHYSICAL
- HOUSEHOLD DYSFUNCTION

A point is assigned for each different category of ACE  
(THEREFORE MULTIPLE INCIDENTS OF THE SAME TYPE OF ACE DOES NOT  
INCREASE A PERSONS SCORE)

**SMOKING** PEOPLE WITH AN ACES SCORE  
OF 6 OR MORE ARE **250%**



MORE LIKELY TO BE SMOKERS THAN PEOPLE  
WITH A ZERO ACES SCORE

**ALCOHOL** PEOPLE WITH AN ACES SCORE  
OF 4 OR MORE ARE **500%**



MORE LIKELY TO BE ABUSE ALCOHOL THAN  
PEOPLE WITH A ZERO ACES SCORE

**DRUGS** PEOPLE WITH AN ACES SCORE  
OF 4 OR MORE ARE **4600%**



MORE LIKELY TO INJECT DRUGS THAN PEOPLE  
WITH A ZERO ACES SCORE<sup>3</sup>